

## MEDI-RIDE

Frail seniors and people with disabilities may be eligible to receive door-through-door transportation to medical appointments from ElderHelp Medi-Rides. This service is for individuals unable to take regular route bus or dial-a-ride transportation services and who have no other way to get to medical appointments. Transportation can be provided outside city limits.

All rides require a minimum of five business days of advance notice to process Medi-Ride Transportation requests.

To get medi-rides individuals must NOT:

- Live in an assisted living facility, board and care, nursing home, or a retirement community.
- Already receive similar services from other agencies (such as Gold Coast Health Plan members).
- Be employed.



\*\* Medi-Rides are limited to two rides per month. Riders will be asked about how they manage their daily activities, such as needing help with walking, bathing, completing chores and other tasks.

## CONTACT INFORMATION FOR LOCAL TRANSIT AGENCIES

### GOLD COAST TRANSIT

Oxnard and Port Hueneme ..... (805) 487-4222  
 Ojai and Ventura ..... (805) 643-3158  
 ACCESS Dial-A-Ride ..... (805) 485-2319

THOUSAND OAKS TRANSIT ..... (805) 375-5473  
 T.O. Dial-A-Ride ..... (805) 375-5467

SIMI VALLEY TRANSIT ..... (805) 583-6456  
 Simi Valley Dial-A-Ride ..... (805) 583-6464

CITY OF MOORPARK TRANSIT ..... (805) 517-6257  
 Moorpark Dial-A-Ride ..... (805) 375-5467

VALLEY EXPRESS ..... (805) 933-2267  
 Valley Express Dial-A-Ride ..... (805) 933-2267

CAMARILLO AREA TRANSIT (CAT) ..... (805) 988-4228  
 CAT Dial-A-Ride ..... (805) 988-4228

VENTURA COUNTY TRANSPORTATION COMMISSION (VCTC) ..... (805) 438-1112  
 VISTA ..... (805) 438-1112

MOBILITY MANAGEMENT PARTNERS ..... (888) 667-7003

### CONTACT US:



CONNECT WITH US:  
[aaa.countyofventura.org](http://aaa.countyofventura.org)



@VCAAAging



@VC\_AAA



Ventura County Area Agency on Aging

VCAAA-BR-06.2017

VCAAA

# ElderHelp

## TRANSPORTATION PROGRAM



PROVIDING TRANSIT OPTIONS TO  
**Seniors 60+ and  
 People with Disabilities**



